

# 2015 CALENDAR OF EVENTS



SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
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- PERFECT HEALTH**  
7-9 (Rest & Restore), 14-23 (10 Day),  
28-Oct 3 • Carlsbad, CA
- MEDITATION WEEKEND**  
12-13 • Carlsbad, CA
- WEEKEND WITH THE MASTERS**  
25-27 • Carlsbad, CA

- PERFECT HEALTH**  
5-10 (Healing from Pain), 26-31  
Carlsbad, CA
- CERTIFICATION PROGRAM:  
Primordial Sound Meditation**  
12-18 • Carlsbad, CA
- HEALING THE HEART**  
23-25 • Carlsbad, CA

- PERFECT HEALTH**  
9-14, 16-21, 30-December 9 (10 Day)  
Carlsbad, CA
- SEDUCTION OF SPIRIT**  
1-7 • Carlsbad, CA
- TEACHER TRAINING:  
Seven Spiritual Laws Yoga (Part B)**  
16-22 • Carlsbad, CA

- PERFECT HEALTH**  
14-19 • Carlsbad, CA
- SPIRITUAL SOLUTIONS**  
10-13 • Carlsbad, CA

## NOTES

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Find a Chopra Center Certified Instructor near you: [choprateachers.com](http://choprateachers.com)

**All Perfect Health dates are 6-day programs, unless otherwise noted.**  
All workshops take place at Omni La Costa Resort & Spa in Carlsbad, California unless otherwise noted.

For more information about the Chopra Center programs go to [chopra.com](http://chopra.com) or call **760.494.1639**.

# 2016 CALENDAR OF EVENTS



## JANUARY

- PERFECT HEALTH**  
4–13 (10 Day), 18–23, 25–30  
Carlsbad, CA
- WEEKEND WITHIN**  
14–16 • Carlsbad, CA

## FEBRUARY

- PERFECT HEALTH**  
8–13, 15–20, 22–27  
Carlsbad, CA
- HEALING THE HEART**  
5–7 • Sheraton, Carlsbad, CA
- JOURNEY INTO HEALING**  
27–March 1 • Carlsbad, CA

## MARCH

- PERFECT HEALTH**  
7–12 (Wisdom Within), 14–16 (Rest & Restore), 21–26, 28–April 2  
Carlsbad, CA
- MEDITATION WEEKEND**  
5–6 • Carlsbad, CA

## APRIL

- PERFECT HEALTH**  
11–20 (10 Day), 25–30 • Carlsbad, CA
- SEDUCTION OF SPIRIT**  
1–7, 2016 • The Ritz-Carlton, Kapalua, Maui, HI

## MAY

- PERFECT HEALTH**  
9–11 (Rest & Restore), 16–21, 23–28  
Carlsbad, CA
- SPIRITUAL SOLUTIONS FOR WOMEN**  
26–29 • Carlsbad, CA

## JUNE

- PERFECT HEALTH**  
6–11, 13–18, 27–July 2  
Carlsbad, CA
- CERTIFICATION PROGRAM: Primordial Sound Meditation**  
4–10 • Sheraton, Carlsbad, CA
- MEDITATION WEEKEND**  
25–26 • Carlsbad, CA

## JULY

- PERFECT HEALTH**  
4–9, 18–23, 25–30  
Carlsbad, CA
- SEDUCTION OF SPIRIT**  
10–16 • Carlsbad, CA
- TEACHER TRAINING: Seven Spiritual Laws Yoga (Part A)**  
25–31 • Carlsbad, CA

## AUGUST

- PERFECT HEALTH**  
1–6 (Wisdom Within), 8–10 (Rest & Restore), 15–20, 22–31 (10 Day)  
Carlsbad, CA
- JOURNEY INTO HEALING (with Spanish translation)**  
11–14 • Carlsbad, CA
- SILENT AWAKENINGS**  
28–September 4  
Asilomar Retreat Center, Monterey Bay, CA

## SEPTEMBER

- PERFECT HEALTH**  
12–17, 19–21 (Rest & Restore), 26–Oct 1 • Carlsbad, CA
- TEACHER TRAINING: Perfect Health: Ayurvedic Lifestyle**  
5–11 • Carlsbad, CA
- MEDITATION WEEKEND**  
10–11 • Carlsbad, CA

## OCTOBER

- PERFECT HEALTH**  
3–8, 17–22, 24–26 (Rest & Restore)  
Carlsbad, CA
- HEALING THE HEART**  
7–9 • Carlsbad, CA
- SEDUCTION OF SPIRIT**  
30–November 5 • Carlsbad, CA
- CERTIFICATION PROGRAM: Primordial Sound Meditation**  
15–21 • Sheraton, Carlsbad, CA

## NOVEMBER

- PERFECT HEALTH**  
7–12, 14–19 (Healing From Pain), 28–Dec 7 (10-Day) • Carlsbad, CA
- TEACHER TRAINING: Seven Spiritual Laws Yoga (Part B)**  
14–20 • Carlsbad, CA

## DECEMBER

- PERFECT HEALTH**  
12–17 • Carlsbad, CA
- WEEKEND WITH THE MASTERS**  
9–11 • Carlsbad, CA

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